

# Wellness Triennial Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name  District Number  Date of Evaluation

School Name  Most recent Policy review by Committee

Click All Grades PK  K  1  2  3  4  5  6  7  8  9  10  11  12

**Yes No I. Public Involvement**

**We invite the following to participate in the development, implementation, & evaluation of our wellness policy:**

Administrators
  School Food Service Staff
  P.E. Teachers
  Parents

School Board Members
  School Health Professionals
  Students
  Public

**We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.**

Name  Title

**We make our wellness policy and updates available to the public annually.**

Please describe:

**We share policy implementation and progress toward our policy goals with the public once every 3 years.**

Please describe:

**Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.**

**Yes No II. Nutrition Guidelines**

**The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.**

**We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.**

Our School Nutrition Staff attend professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

as À La Carte Offerings
  in School Stores
  in Vending Machines
  as Fundraisers (not exemptions)

Classroom Snacks
  Student Rewards
  Classroom Parties
  as Fundraisers (not exemptions)

**Yes No III. Policy for Food and Beverage Marketing**

**The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.**

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

Signage
  Scoreboards
  School Stores
  Cups
  Vending Machines
  Food Service Equip.

**Yes No IV. Nutrition Education & Promotion**

**The wellness policy includes a specific / measurable goal(s) for nutrition education using evidence-based strategies.**

We offer nutrition education to students in:  Elementary School  Middle School  High School

**Yes No V. Physical Activity**

**The wellness policy includes a specific/measurable goal(s) for physical activity using evidence-based strategies.**

|   |                       |  |
|---|-----------------------|--|
| We provide physical education for elementary students on a weekly basis.  | # of Min/Wk.          | <input style="width: 90%;" type="text"/> |
| We provide physical education for middle school students during a term or semester.   | # of Min/Wk.          | <input style="width: 90%;" type="text"/> |
| We require physical education classes for graduation (high schools only).   | # Credits to graduate | <input style="width: 90%;" type="text"/> |
| We provide recess for elementary students on a daily basis.   | # of Min/day          | <input style="width: 90%;" type="text"/> |
| We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, brain breaks, etc.). |                       |  |

